

ART THERAPIST, PSYCHOSYNTHESIS COUNSELOR AND SPIRITUAL DIRECTOR

Written by : Mary Alice Danaher, CND
(1928-2005)

Mary Jane Wilson, CND, MA, is a certified Art Therapist, Psychosynthesis Counselor and Spiritual Director. She has excelled as an educator and is a gifted artist and skilled therapist. She has worked extensively in the healing of abused women and children of the First Nations. She has enabled victims to work through their issues using art and imagery to find their voice.

Throughout her teaching career she specialized in promoting holistic and integrative methods of health and learning.

For the past several years she has offered workshops in Earth Literacies through the Living Language Institute Foundation, (i.e., Embracing the Powers of the Universe, Creation Spirituality of Meister Eckhart, Meditation and Creativity).

"Our task in life is how to arrive at soul? Each of us has to work at it using the creativity of the universe... the Divine creativity that is within us."

- John Surette, S.J.

At present, Sister Mary Jane assists Kathleen Arnason and team in planning and facilitating a World Children's Peace and Nature Summit.

SAMPLE PROGRAMS

Woman Nature / Mother Nature

We will be invited to be in touch with... the TRUSTING WONDERFUL CHILD within, the GROWN WOMAN as CHOICE MAKER and the WISE WOMAN aware of the profound connection between WOMAN'S NATURE and MOTHER NATURE.

We will be invited to respond through Meditation Circle, Dancing, Drumming Rituals and your choice of Art Form.

Personal Creative Leadership: Transforming Ourselves and Our World

We will use the metaphor of the "Four Bones" to enhance the following qualities:

- Backbone – Courage
- Funnybone – Humor
- Wishbone – Hope
- Hollowbone – Trust / Sense of Mystery

We will use the book *The Second Half of Life: Opening the Eight Gates of Wisdom* by Angeles Arrien [with permission from the publisher].

Born of the Elements, Living the Prophetic Life

We will explore encouraging and challenging insights offered by three present day prophets using their recent books: *A New Harmony*, John Philip Newell; *The Practice of Prophetic Imagination*, Walter Brueggemann; *The Four Elements*, John O'Donohue. We will create a setting for exploration and challenge learning with conversation, music, dance and art.

